

Transit Worker Hours of Service and Fatigue Risk Management

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U.S. Department of Transportation
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Agenda

- Why Transit Worker Fatigue?
- Overview of the Advance Notice of Proposed Rulemaking (ANPRM)
- Fatigue Resources



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Why Transit Worker Fatigue?



Why Transit Worker Fatigue?

Special Directives to Massachusetts Bay Transportation Authority (MBTA), April 2022

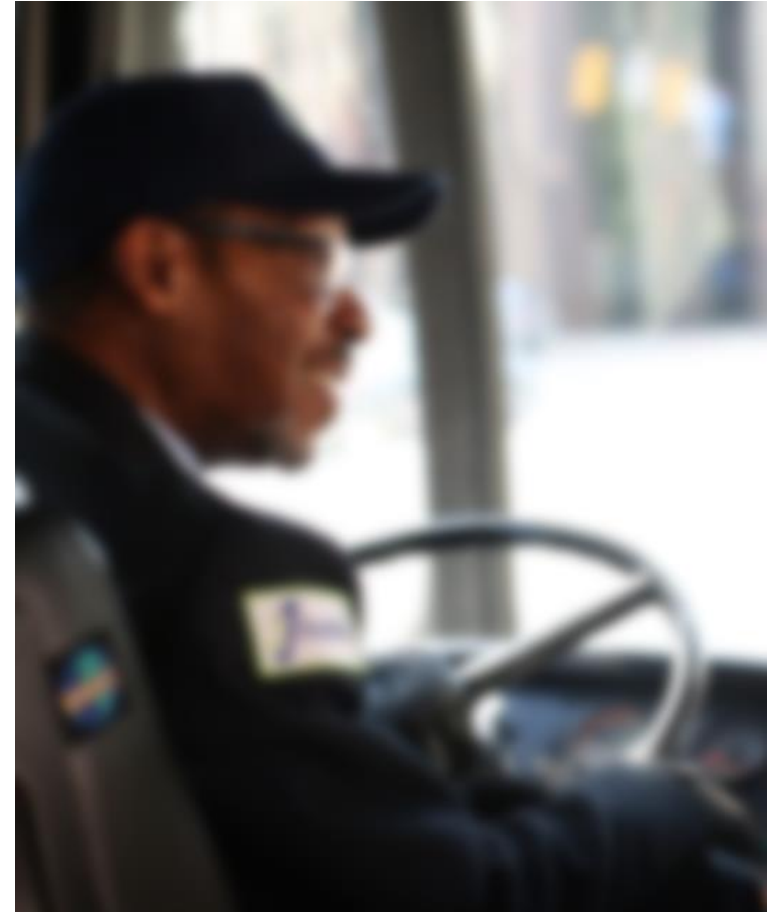
- “MBTA’s hours of service requirements ... allow dispatchers and supervisors to work up to 20 hours on with only four hours off...”
 - https://www.transit.dot.gov/sites/fta.dot.gov/files/2022-06/FTA-Special-Directive-22-6_0.pdf
- “[T]here is chronic fatigue in key positions in the agency...”
 - https://www.transit.dot.gov/sites/fta.dot.gov/files/2022-08/FTA-Safety-Management-Inspection-Report-for-MBTA-and-DPU_0.pdf

Overview of the Advance Notice of Proposed Rulemaking (ANPRM)

The ANPRM asked 21 questions over four topics:

- Regulatory Options
- Benefits and Costs
- Fatigue Data Collection
- Current Hours of Service and Fatigue Risk Management Policies

Regulations.gov, [Docket Number FTA-2023-0018](#)



Public Listening Sessions

FTA conducted three listening sessions for the ANPRM:

October 8,
2023

APTA TRANSform conference, Orlando, Florida
Summary: <https://www.regulations.gov/document/FTA-2023-0018-0019>

December 5,
2023

Virtual Listening Session
Summary: <https://www.regulations.gov/document/FTA-2023-0018-0049>

December 7,
2023

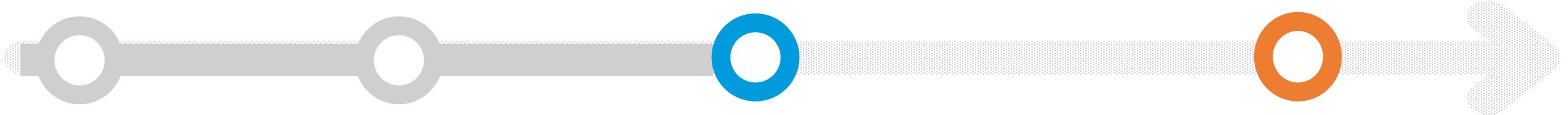
Listening Session with Labor Stakeholders
Summary: <https://www.regulations.gov/document/FTA-2023-0018-0068>

Regulatory Process To Date – ANPRM

Fall-Winter 2023

Public comment
and review period

Decision Point
*FTA decides whether to
publish Notice of Proposed
Rulemaking (NPRM) for
public comment*



Fall 2023

ANPRM is
published

Spring-Summer
2024


FTA reviewing and
analyzing public
comments

Rulemaking Overview

1. FTA decides to issue a Notice of Proposed Rulemaking (NPRM) for public comment



2. NPRM publishes in the Federal Register and public comment and review period is open



3. FTA analyzes public comments and publishes the Final Rule

FTA Website

For additional information and links to resources on transit worker fatigue, please visit:

www.transit.dot.gov/fatigue

Fatigue Resources for Transit Operations

Click below to see a list of resources



Understanding Sleep



Causes



Symptoms and
Warning Signs



Effects



Transit Workers



Transit Agencies



Fatigue Risk
Management Systems

FTA is making these resources available in adherence with the [DOT Website Linking Policy](#).

DISCLAIMER: FTA has not assessed whether any of these resources meet applicable statutory or regulatory requirements. This list is provided for technical assistance only. Inclusion on this list does not imply endorsement or approval by FTA. Please email us at safetypromotion@dot.gov if you find any broken or outdated links.

Thank you!

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