

# **Global Railway Alliance for Suicide Prevention: FTA Rail Transit Update**

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1/18/2024



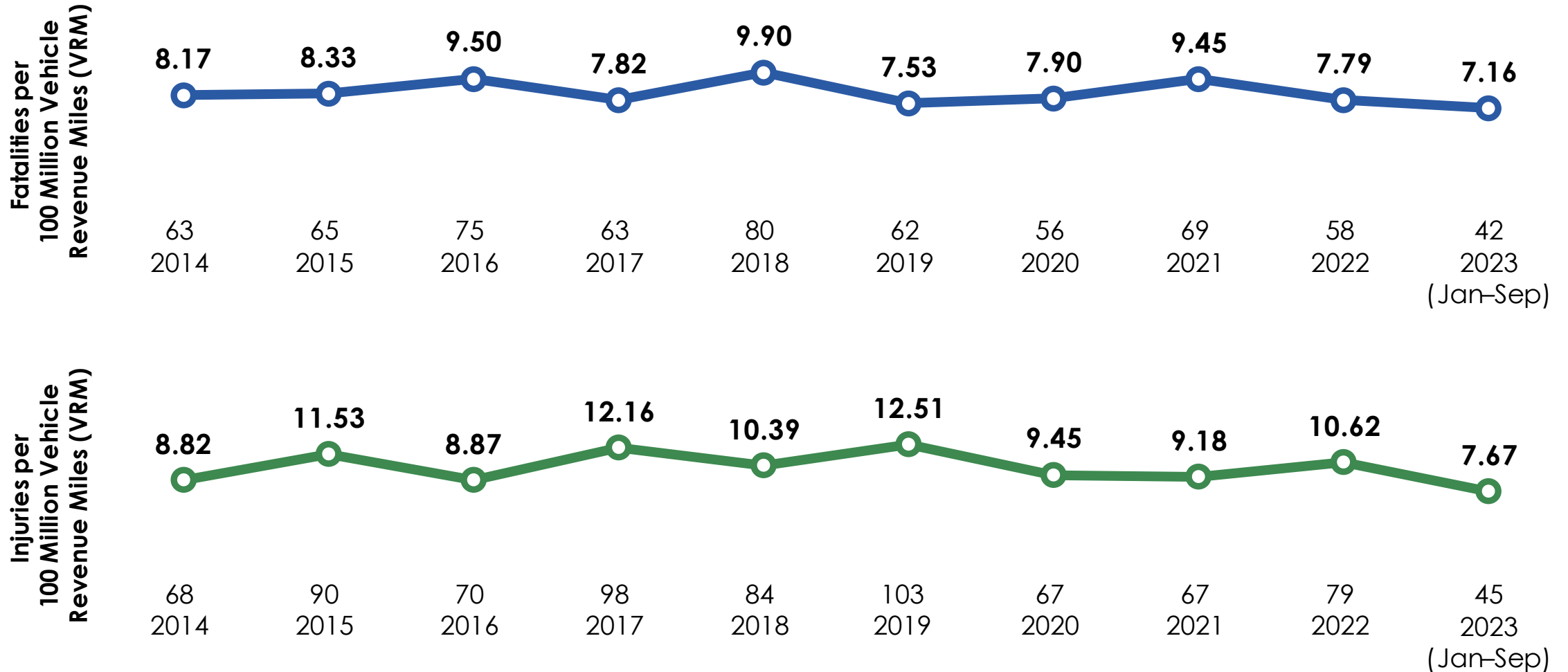
U.S. Department of Transportation  
Federal Transit Administration

# Agenda

1. Rail Suicide Event Fatalities and Injuries Data
2. Safety Advisory on Suicide Prevention Signage on Public Transit
3. Suicide Prevention Signage on Public Transit Webinar
4. Mental Health Resources



# Rail Transit Suicide Event Fatalities and Injuries, Jan 2014–Sep 2023



Source: National Transit Database (NTD). 2022–23 data are preliminary.

Data as of: Jan 2, 2024

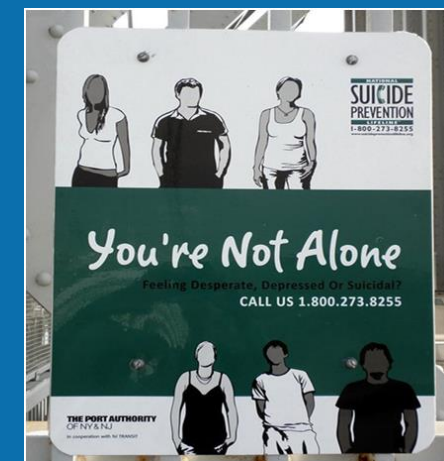
# Safety Advisory 22-4: Suicide Prevention Signage on Public Transit

- Published in the [Federal Register](#): December 2022
- Encourages transit agencies to:
  - Implement, update, or expand suicide prevention signage and messaging campaigns
  - Assess suicide event data to monitor the impact of signage

An example of San Francisco Bay Area Rapid Transit District's (BART) signage

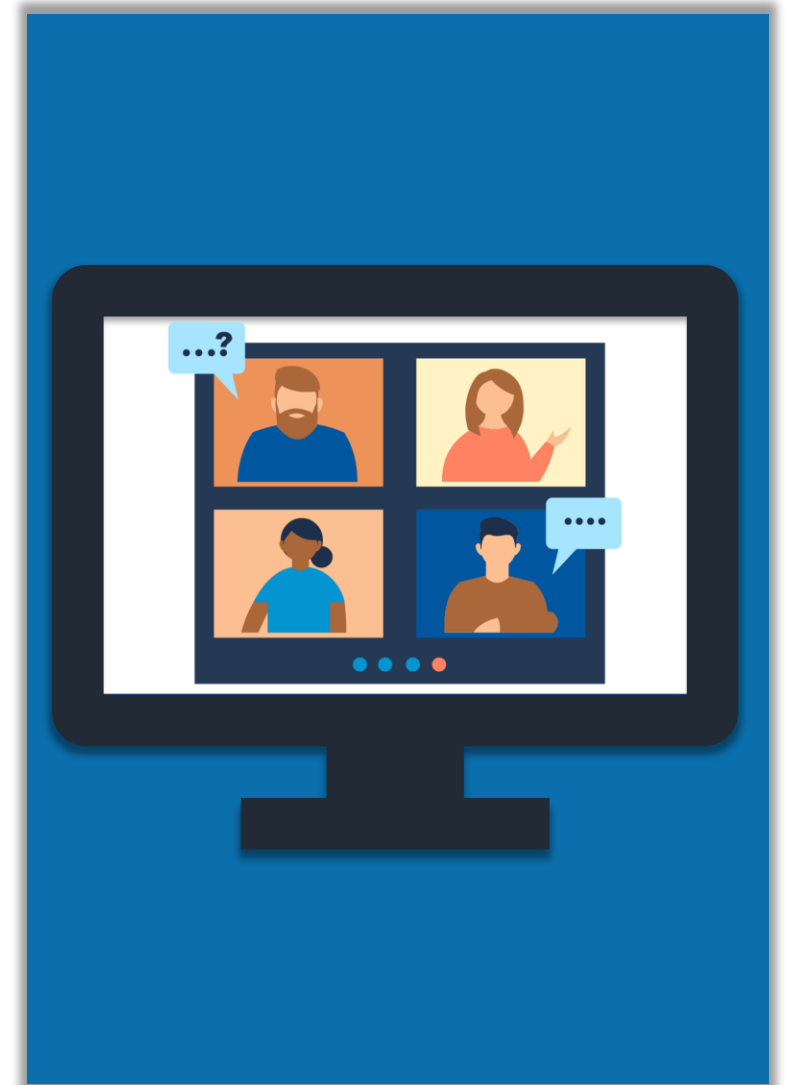
If you are  
struggling emotionally  
or thinking of suicide  
call or text  
**988**  
Free and confidential.

An example of The Port Authority of NY & NJ signage



# Suicide Prevention Signage on Public Transit Webinar

- Hosted: January 2023
- Featured speakers from:
  - Substance Abuse and Mental Health Services Administration (SAMHSA)
  - San Francisco Bay Area Rapid Transit District (BART)
- Provided an overview of:
  - Safety Advisory 22-4
  - 988 Suicide & Crisis Lifeline
  - BART's current suicide prevention initiatives
  - Available resources



View [the webinar presentation and recording](#) for more information.

# Mental Health Resources for the Transit Industry

FTA published Mental Health Resources to support transit industry workers. We encourage you to share these resources widely with your networks.

- **Mental Health, Wellness and Self-Care:**
  - Addresses mental health concerns
  - Supports self-care during traumatic or stressful events, including events related to or impacted by the COVID-19 pandemic
- **Suicide Prevention:**
  - Highlights free and confidential support for people in emotional distress
  - Offers potential interventions for organizations
- **Active Shooter Preparedness:**
  - Identifies signs of workplace violence
  - Provides guidance when confronted by an active shooter



# Thank you!

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